

FALL 2018



PROGRAM GUIDE

Family. Fitness. Fun. For Everyone!



Crafted by Chef Michael of Rosen Place

Sunday, Aug. 26 | 12-3pm

Come out and get a taste of what the best local restaurants have to offer with complimentary food samples, children's activities and entertainment. You'll also enjoy getting a taste of all the wonderful programs the JCC has to offer. This is a FREE event, so bring the entire family!



Saturday, Feb. 2

The Rosen Event Center will be rocking for yet another fabulous night of music, food, and fun! Mark your calendars and keep an eye out for more details on which decade we'll be honoring this year!

SEMI-ANNUAL CHARITY



Tuesday, Nov. 13 | 6:30pm

Join us for this exciting Texas Hold 'Em and Blackjack Tournament with dinner. All proceeds from this event benefit the programs and services at the Rosen JCC and the Children's Scholarship Fund.

For more information about special events, please contact Lorri Levine at LorriL@rosenjcc.org or 407-387-2740.

For more information or to register:

rosenjcc.org (407) 387-5330 Welcome Center in the main lobby



Early Childhood Learning Center

At the Early Childhood Learning Center, we guide children in their development of social, emotional, intellectual, creative, cultural and physical skills so that they embrace a love of learning and gain confidence.

Beginner Ballet
with Kasey Darlene

Learn the basic fundamentals of dance technique, focusing primarily on ballet, using songs and games. Threes & Pre-K

Mon 3:10-4pm (10 wks) 10/1-12/10
No class 11/19
\$140 | \$120 members

Golf
with TGA Golf

The golf pros from TGA Premier Junior Golf teach golf basics through song, art and fun activities. Threes & Pre-K

Mon 3:10-3:40pm (9 wks) 10/1-12/10
No class 10/15, 11/19
\$105 | \$90 members

Spanish
with Miss Merleen

Hola amigos! This course is a dynamic and engaging way for kids to learn the Spanish language through age-appropriate activities. Threes & Pre-K

Mon 3:15-4pm (11 wks) 9/17-12/10
No class 9/24, 11/19
\$135 | \$115 members

Tots in Tutus
with Kasey Darlene

Learn the basic fundamentals of dance technique, focusing primarily on ballet, using songs and games. Twos & Threes

Mon 2:30-3pm (10 wks) 10/1-12/10
No class 11/19
\$140 | \$120 members

Bagels & Blocks

Play, explore and discover with your child while you both make new friends! Open to all parents, grandparents and caregivers. This program is a great way to get to know others in the community while bonding with your child!

2-10 months: Tue 9:15-10:30am
\$15 per class | Free for members

Kinderdrama
with Orlando REP Theatre

Pete the Cat and his Groovy Puppets use creative play, improvisation, storytelling, and theatre games to explore the actor's toolbox of body, voice, mind, and imagination. Threes & Pre-K

Tue 2:10-3pm (13 wks) 9/4-12/11
No class 9/11, 11/20
\$175 | \$155 members

Lil' Strummers
with Miss Marilyn

Master the ukelele while learning about music, rhythm, and instruments. Threes & Pre-K

Tue 2:10-3pm (13 wks) 9/4-12/11
No class 9/11, 11/20
\$155 | \$135 members

Mini Dribblers
with Heart and Hustle Basketball

Your child will learn ball skills and basketball techniques to improve their game and have fun! Threes and Pre-K

Tue 4-4:40pm (13 wks) 9/4-12/11
No class 9/11, 11/20
\$165 | \$145 members

Tot Music and Rhythm
with Miss Marilyn

Explore the world of music through the use of different props and instruments. Toddlers & Twos

Tue 3:10-3:50pm (13 wks) 9/4-12/11
No class 9/11, 11/20
\$155 | \$135 members

Lil' Chefs
with Miss Blanca

Learn how to make healthy recipes and some holiday treats! Threes & Pre-K

Wed 2:10-3pm (13 wks) 9/5-12/12
No class 9/19, 11/21
\$165 | \$145 members

Rollie Pollies
with Coach Catherine

This gymnastics class is designed to help develop motor skills, socialization, balancing, and tumbling. Twos

Wed 3:10-3:40pm, 3:50-4:20pm (13 wks) 9/5-12/12
No class 9/19, 11/21
\$140 | \$120 members

Tiny Tumblers
with Coach Catherine

Learn techniques for basic flips, tumbles and jumps, while developing coordination and flexibility. Threes and Pre-K

Wed 2:10-3pm (13 wks) 9/5-12/12
No class 9/19, 11/21
\$160 | \$140 members

Jr. Jocks & Jills
with Coach Kenzee

Enhance your child's motor skills through the love of sports and active games.

Twos & Threes: Thu 3:10-3:50pm
Threes & Pre-K: Thu 1:10-1:50pm (14 wks) 9/6-12/13
No class 11/22
\$160 | \$140 members

Karate
with Victory Martial Arts

Victory Martial Arts empowers your child through discipline and self-defense! Includes t-shirt, bag and belt. Threes and Pre-K

Thu 2:40-3:10pm (14 wks) 9/6-12/13
No class 11/22
\$150 | \$130 members

Soccer
with HappyFeet

HappyFeet uses songs, stories, rhymes and games to maximize imagination and develop gross motor skills.

Twos: Fri 3:10-3:40pm
Threes & Pre-K: Fri 1:10-1:50pm, 4:10-4:50pm

(13 wks) 9/7-12/14
No class 10/26, 11/21
\$215 | \$190 members

Pre-School Picasso
with Miss. Merleen

Each week will focus on a different artist and their art philosophy, including charcoal self-portraits, drip paintings, unique clay sculptures and more! Threes & Pre-K

Fri 2:10-3pm, 3:10-4pm (14 wks) 9/7-12/14
No class 11/23
\$240 | \$215 members

Zumbini
with Miss Edmari

This program combines music, dance and educational tools for 50 minutes of can't-stop, won't-stop dancing, movement, and fun!

Twos: Fri 3:10-4pm
Threes: Fri 2:10-3pm (14 wks) 9/7-12/14
No class 11/23
\$240 | \$215 members



www.rosenjcc.org/ju

J University is an after-school program that nurtures, encourages, and stimulates your children's interests, while giving you full control of their after-school schedule.

Schools served:

- Sand Lake Elementary
- Sun Ridge Elementary
- Bay Meadows Elementary
- Independence Elementary
- Windermere Elementary
- Sunset Park Elementary
- Dr. Phillips Elementary
- MetroWest Elementary
- Windy Ridge K-8



Golf
with TGA Golf

TGA Premier Junior Golf teaches the game while developing patience, integrity and respect. Grades K-5

Mon 4:30-5:30pm (9 wks) 10/1-12/10
No class 10/15, 11/19
\$105 | \$90 members

Acting & Improv
with Kasey Darlene

Learn this exciting form of theater in which all of what is performed is unplanned and unscripted - and often hilarious! Grades K-5

Mon 5:15-6pm (9 wks) 10/1-12/10
No class 10/15, 11/19
\$130 | \$110 members

Jazz Dance
with Kasey Darlene

Learn the basic fundamentals and theory of dance, while focusing on the latest jazz technique. Grades K-5

Mon 4:15-5pm (9 wks) 10/1-12/10
No class 10/15, 11/19
\$130 | \$110 members

Musical Playmakers
with Orlando REP Theatre

Practically Perfect with Mary Poppins! In this musical theatre based class, students build an original story through carefully structured creative play and musical theatre instruction, inspired by fun and exciting characters! Grades K-3

Tue 4:15-5:15pm (13 wks) 9/4-12/11
No class 9/11, 11/20
\$175 | \$155 members

Tae Kwon Do
with Miss Victoria

Victoria TKD empowers your child through discipline and self defense! All testing fees included. Grades K-5. Sign up for both days and save \$50!

Tue 4:30-5:30pm (13 wks) 9/4-12/11
No class 9/11, 11/20
\$150 | \$130 members

Thu 4:30-5:30pm (14 wks) 9/6-12/13
No class 11/22
\$150 | \$130 members

Baking
with Miss Merleen

Learn how to bake all your favorite desserts in the JCC kitchen. From cookies to cakes and everything in between! Grades 2-5

Wed 4:15-5:15pm (13 wks) 9/5-12/12
No class 9/19, 11/21
\$195 | \$170 members

KidFit
with Coach Niko

Through a research-based curriculum, kids will learn to enjoy fitness, test their limits and create healthy lifelong habits. Grades 2-5

Thu 4:30-5pm (14 wks) 9/6-12/13
No class 11/22
\$150 | \$130 members

Music Lessons
with Miss Cati

Get started on piano, violin and guitar! Lessons are available in 30-minute increments. Contact us for more information or to check availability at 407-387-5330.

SATURDAY NIGHT OUT

Enjoy a night out on the town, while your kids spend a fun night with friends at the JCC! Drop your kids off any time after 6pm, and pick up any time before 11pm. We'll provide dinner, a themed program, popcorn and a movie. Ages 18 months-13 years.

SEPT. 22	OCT. 20	NOV. 10	DEC. 08	JAN. 12
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Register online at www.rosenjcc.org/sno

Fees:
\$30 single child
(\$25 JCC members)
\$45 family price
(\$35 JCC members)

Quick Facts:
•Ages 18 months-13 yrs
•Includes dinner/snacks
•Low staff ratio (1:10)

SCHOOL'S OUT DAYS

School is out, but the JCC is open! Drop off your kids for a fun day with their friends and favorite counselors.

Upcoming School's Out Days:

October 15 November 19-21
October 26 December 21-January 4

Register at www.rosenjcc.org/sod

Basketball League

The Heart and Hustle Basketball League is an instructional and recreational program for boys and girls in grades K-8. Practice takes place on Tuesday nights, with games on Sundays.

League runs 9/4-12/9
\$155 | \$140 members

For more information and to register:
www.rosenjcc.org/bball



ORLANDO CITY SOCCER CLINIC

The Junior & Developmental Lion Program focuses on basic skill development, teamwork and concepts of soccer gameplay. The ratio of instructor to child is 1:10, and a free t-shirt is included with registration. This is the first step in the Orlando City pyramid and an introduction to the beautiful game. Ages 6-12 years old

Clinic runs Wednesdays, 5:30-6:30pm | Session 1: 9/5-10/24, No class 9/19 | Session 2: 10/31-12/19, No class 11/21
\$130 | \$110 members For more information and to register: www.rosenjcc.org/soccer



ADULTS



ADULT SPORTS

Drop-In Basketball

Stop by on Monday nights to compete in our pick-up basketball program. Games range from recreational to competitive. Ages 18+

Mon 7pm
\$10 | Free for members

Drop-In Soccer

Pick-up soccer for everyone, from beginners to advanced. Our focus is having fun and sharing a passion for the game. Ages 18+

Thu 8pm
\$10 | Free for members



Fall Group Ex Classes

- #Grindhouse
- Hatha Flow Yoga
- Pilates
- Hardcore Energy
- Butts & Guts
- Cycle
- Zumba
- Silver Sneakers®
- Sculpt & Tone
- Body Blast

See more information and class times at rosenjcc.org/groupex

Jewish History Class

Hosted by JOIN Orlando

Come explore the history of our people and meet the great personalities who helped shape our heritage.

Tue 12:15-1:15pm
\$5 | Free for members

Poker League

Our Texas Hold 'Em-style poker league features 5 weeks of play followed by the final table for wonderful prizes! Ages 21+

Tue 7-10pm | Starts 9/25
\$60 | \$50 members

Book Club

Sponsored by Visiting Angels

Join us on the first Thursday of each month for a new book and discussion! Check the Welcome Center for the current title.

Thu 11:15am-12:15pm | Starts 9/6
\$5 | Free for members

News & Schmooze

Sponsored by Cornerstone

Join us for coffee and bagels to discuss national headlines, the economy, sports stories, celebrities, the latest opinion cartoons, movies, and JCC happenings.

Thu 11am-12pm
9/20, 10/18, 11/15, 12/20
\$5 | Free for members

Movie Club

Join us for recently released films on the last Thursday of the month. Refreshments provided by Humana.

Thu 12:30pm
9/20, 10/18, 11/15, 12/20
\$5 | Free for members

CHAI STEPPERS

Come join us for exciting speakers, entertainment and delicious refreshments! This senior social club meets on the first and third Thursdays of most months.

Thu 1-3pm | Starts 9/6
\$5 | Free for members

Mah Jongg & More

Weekly open gaming for Mah Jongg, Scrabble, Bridge, and more! NMJL rules followed. Beginners welcome; instruction provided!

Fri 1-4pm
\$5 | Free for members



WORLD'S FAIR

journey to

MILAN

Thursday, Sept. 6 | 1pm

The Rosen Event Center will transport you to 1906 Milan for the World's Fair. Entertainment and Italian-style gourmet treats will be provided at this free event that showcases our fall adult programs.

KUGEL KOOK-OFF

THE PROOF IS IN THE PUDDING

Thursday, Sept. 20 | 1pm

Enter your best creation, or simply join us to taste a variety of sweet and savory scrumptious kugels! The proof is in the pudding. Don't miss this!

THE GREAT LATKE



COOK-OFF!

Thursday, Dec. 6 | 1pm

Mark your calendars for the 5th Annual Great Latke Cook-off, featuring competing chefs and guest judges. The competition gets heated, so you don't want to miss this sizzling event. Come get ready to eat a lotta latkes!

For more information about adult programs, please contact Lorri Levine at LorriL@rosenjcc.org or 407-387-2740.

For more information or to register:



rosenjcc.org



(407) 387-5330



Welcome Center in the main lobby